



Partner Studio Information Guide

The Ground Pilates Teacher Training is a 500 plus hour fully comprehensive certification program. We also offer tiered pathways including Mat only and Mat plus Reformer certifications. Our Partner Studio Directory exists to support both students and studios. There are no contracts and no financial exchanges between your studio and The Ground. We simply act as a connector so students can complete their practical hours without the need for cold outreach, while studios gain access to highly trained, prepared and professional future instructors. Partner studios are not the only studios students may work with. Students are encouraged to build relationships within their local communities and may seek out additional studios if needed. This model helps students experience different studio cultures and begin building professional relationships immediately. Our greater mission is to support more people experiencing Pilates from exceptional instructors, and to help Pilates studio businesses thrive through strong training pipelines.

What This Means For Your Studio

- There are no contracts between your studio and The Ground.
- There are no financial exchanges between your studio and The Ground.
- You determine how you work with students based on your studio culture and business model.
- Some studios offer flexible access.
- Some studios charge fees for various reasons.
- Some studios offer structured apprenticeship or mentorship programs.

Student Preparation and Professional Standards

- Students carry their own student liability insurance.
- Students are prepared to add your studio as an additional insured if required.
- Students understand that each studio may require something different of them.
- Students participate in a global online community forum for peer support.
- Students attend mandatory monthly live discussions with Jessica Taylor for in depth mentorship and guidance.

Program Accountability

Students do not have a strict completion deadline, however consistency is strongly encouraged. If a student has not completed their program within a reasonable timeframe, they will receive a check in and warning. If progress continues to stall, a monthly continuation fee is required to maintain program access until completion.

Practical Hour Requirements by Tier

Mat Certification Requirements

- 30 hours of class attendance or observation, combination encouraged
- 15 hours of practice teaching

Mat Plus Reformer Certification Requirements

- All required Mat hours listed above
- 20 hours of class or session attendance on the reformer
- 50 hours of self practice on the reformer
- 75 hours of observation on the reformer
- 100 hours of practice teaching on the reformer (10 of these sessions are recorded and submitted for review and feedback)

Full Comprehensive Certification Requirements

- All required Mat hours listed above
- For all apparatus including Reformer, Chair, Cadillac, Ladder Barrel and Spine Corrector
- 30 hours of class or session attendance on the apparatus
- 90 hours of observation on the apparatus
- 75 hours of self practice on the apparatus
- 150 hours of practice teaching on the apparatus (10 of these sessions are recorded and submitted for review and feedback)

How to Be Added to the Partner Studio Directory

To be listed as a Partner Studio, email hello@thegroundpilates.com with the following information: Studio name, Studio address, Preferred contact email, Services offered including Mat, Reformer and or Full Apparatus We will add your studio to the directory so students can connect directly with you.